

meykade

SWEET TREATS

Peanut butter and cinnamon dates	£2.50
Pistachio and rose dates	£2.50
Persian cup cake with rose and cardamom	£4
Cookies	£4
• Tahini & dates	
• Pistachio & Cardamom	
• Chocolates chip	
Salted caramel brownies	£5
Gluten free	
Matcha & dark chocolate brownies	£5
Gluten free	
Banana & walnuts cake	£6
Gluten free, dairy free, sugar free	

BREAKFASTS

Morning Granola	£6.50
Greek Yoghurt, Honey, Homemade Organic Granola & Fresh Fruits	
Chia Pudding	£6.50
Chia, vanilla, plant base milk, preserved sour cherry and coconuts flake	
Banana, Peanut Butter Overnight Oat	£7.5
Organic oat, Almond milk, mashed banana, peanut butter pinch of salt and cinnamon.	



12.5% service charge applies to eat in bills.

Please let us know if you have any allergens. All dishes may contain gluten and nuts.

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SAVOURY SNAK AND TOASTS

Spinach and Feta Filo Spinach, feta, eggs, filo pastry	£5.85
Goat cheese and courgette tart Courgette, sundried tomatoes, goat cheese, zaatar	£6
Smashed Avocado Avocado, Chilli Flakes, Lemon, Olive Oil, Mixed Seeds, Toasted sourdough.	£11.50
Herbed Tuna Toast Tuna, dill, lemon, caper, Toasted sourdough.	£11.50

SALADS & SOUP

Roasted Beetroot & Spinach Salad With feta, walnut & pomegranate dressing	£12.50
Chickpea and bulgur Salad Spiced bulgur, chickpeas, cucumber, raisin, red pepper, spring onion, mint, lemon, olive oil & sumac	£13.50
Small green salad Seasonal greens, cucumber, lemon dressing	£7
Soup of the day Served with toasted sourdough	£8.5
Extra Avocado / Feta / Egg / Tuna	£3
Bread	£2.50



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HOT DRINKS

Espresso	£3.50
Americano	£3.65
White Americano / Cortado/ Macchiato	£3.75
Flat White	£4
Cappuccino	£4
Latte	£4
Bullet Proof Coffee (Double espresso, Organic MCT oil, Honey)	£5.50
Mocha	£5
Spanish Latte	£7
Saffron Latte	£8.50

CAFFEINE FREE HOT DRINKS

Organic Turmeric latte	£6
Organic Mushroom Latte	£6
7blend of organic mushroom, Peanut powder, Honey	
Mixed Spiced Chai	£5.50
Ginger Bread	£5.50
Hot Chocolate	£5.50

THE MATCHA COLLECTION

Organic Matcha Latte	£6
Rose Matcha Latte	£7
Spanish Matcha	£7.50
Date Matcha	£7.5
Matcha with sour cherry and orange blossom	£8
Saffron & Honey Matcha	£9.50

COLD PRESS JUICES

Golden Glow Energiser	£7.50
Carrot, Orange, Lemon & Turmeric mix	
Detox	£7.50
Lemon, Ginger, Celery, Cucumber	
Spiced Apple (hot)	£6
Apple, cinnamon, cloves	
Ginger shot (100ml)	£4.50
Ginger, Apple	
Apple / Orange / Celery / Carrot	£6.50

EXTRAS

Honey (£0.50) **Extra Shot** (£1.80) **Iced** (£0.35) **Extra Matcha** (£3) **Extra Saffron** (£3.5)
Alternative Milk: Oat / Almond / Coconut (£0.50) **Monin Syrup:** Pistachio / Rose / Vanilla / Caramel (£0.60)



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LOOS LEAF TEAS (Served in a pot)

Persian Tea £6.50

Blend of black tea with rose, cardamom and cinnamon

Persian Saffron tea £10

Blend of black tea, rose, cinnamon and Saffron

Earl Grey £6.50

Satemwa Estate, Malawi & Reggio Calabria, Italy

A traditional Earl Grey blended with pure bergamot oil from the ancient orchards of Calabria.

Oolong £6.50

Tie guan Yin- the Iron Goddess of Mercy, is an elegant oolong from Anxi, China.

She lies artfully between green and black tea. Handcrafted to reveal astonishing flavours from soft florals to rich tropical fruit.

Portuguese Cinnamon Basil (Herbal) £6.50

A deliciously soothing herbal tea with deep cinnamon flavours and a subtle hint of strawberry.

Mezcal Mexicana(Herbal) £6.50

A Vibrant blend of refreshing Mexican cerdon (lemon verbena), toronjil (anis hyssop) and lemon grass from Sri Lanka.

Soothe Me (WELL-BEING BLENDS) £6.50

Soothe-Me tea - a blend of spearmint, chamomile flowers and holy basil - is also good hot or as a refreshing cold infusion. A garden in a glass.



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